

Hanshi Cyrus Madani

SUNDAY 22, 2024 KATA SEMINAR

Sensei Kamran Madani

SUNDAY 22, 2024 KUMITE SEMINAR





2024 Karate-Do Legends

This Years honoree





Hialeah Gardens High School 11700 Hialeah Gardens Blvd, Hialeah FL, 33018

Tournament Directors: Jose Fundora, Jesus Costa Tel: (305) 632-0366 (786)-208-3849

Email: USAKensho@gmail.com

SCHEDULE: Saturday September 21 Tournament Door Open 8.00am.

Officials Meeting and Staging time 8:30am

Tournament starts with lowest age / level

Kumite / Kata FEE: \$100 One or two events

Categories: Kata and Kumite 4 and Up. Fist Timer, Beginner, Novice, Intermediate and Advance

Kata and Kumite Seminar Schedule Sunday 22 Kata by Hanshi Cyrus Madani 10-12am: Hyakuhachiho Shotokan Supareinpei Advance Kumite 12-2pm by Kamran Madani Lead National Coach-Region 2

SEMINAR FEE: For the seminar will \$75.00.

ONLINE REGISTRATION: WWW.Colosseumdata.com

Registration questions 786-208-3849

Last Day for registration Thursday September 19, 2024

At 12.00am. Any issues please call: 786 208 3849

ENTRY FEES: Spectators: \$10.00 (6 years and under free)

AWARDS: Custom Medallions 1ro, 2do, 3ro – 3ro



Karate Do Legends Karate Do Alliance Sport Karate League



Dear Instructors, Coaches, Athletes and Parents,

It is our pleasure to invite you and your students to attend the 18 Annual *Karate-Do Legends* Tournament on September 21, 2024. This tournament will honor Cyrus Madani the hardest working karate family in the world. Their Personal achievements are without question and their commitment to the WKF Karate In immeasurable.

Thank you for your support of our event. Please call us with any questions.

Call: Shihan Jose Fundora 305-632-0366

Sensei Jesús Costa Jesús Costa 786-208-3849

Email: USAKensho@gmail.com

1. OFFICIALS/RULES:

This tournament will be officiated under the rules of the US Karate. Rules can be view at www.karatedoalliance.com

2. DRESS CODE:

Uniform: Clean white traditional uniform of proper fit. Sleeves and leg pants may not be rolled up. NO JEWELRY!

Belts:

Only blue and red belts in all divisions make sure your athlete has their own belt.

Coaches:

Dress: Track Suite coaches must have taken Official US Karate coaching license.

3. KATA:

All normal Kata divisions list by US Karate.

4. KUMITE:

US karate Rules will be strictly enforced. Rules can be view at www.karatedoalliance.com

REQUIRED SAFETY EQUIPMENT: As required by US Karate.

5. DIVISIONS:

The Tournament Directors may combine divisions depending on participation and limited to 16 Athletes per division.

Tournament Director
Shihan Jose Fundora
Chaiman Of Kenshinka
Goju-Ryu Karate-Do
Karate Do Legends Promoter and Founder

Karate Do Legends 2024 Hanshi Cyrus Madani Tournament SCHEDULE Saturday 21, 2024

Tournament SCHEDULE: September 21, 2024

Door Open in 8.00am
Opening Ceremony Time 9.00am
Tournament Starting Time 9.30am

Athletes from All Categories:

Who will compete in Kata today will do so simultaneously and will be Able to repeat the Kata in all rounds.

Staging time:

8.30am Female and Male First Time 4-5, 6-7, 8-9 Years less than three months Class.

Staging time:

8.30am Female / Male All Beginners Categories

4, 5, 6, 7, 8, 9, 10-11, 12-13, 14-15 16-17, 18-34, 35-45/ 46-55 / 56Up Years Kata and Kumite.

Staging time:

10.30am Female and Male All Novice Categories.

4, 5, 6, 7, 8, 9, 10-11, 12-13, 14-15 16-17, 18-34, 35-45/ 46-55 / 56Up Years Kata and

Staging time:

12.30am Female and Male All Intermediate and Advanced Categories.

7, 8, 9, 10-11, 12-13, 14-15 16-17, 18-34, 35-45/ 46-55 / 56Up Years Kata and

Seminar SCHEDULE: Sunday September 22, 2024 Kata and Kumite

Kata by Hanshi Cyrus Madani 10.00am-12.00am: Hyakuhachiho Shotokan Supareinpei

Kumite 12.00pm -2.00pm by Sensei Kamran Madani Lead National Coach-Region 2



USA Karate Official Kata List

Begginner/Novice Kata List

Fukui Kata/Fukyu Kata
Fukyugata Ichi
Fukyugata Ni
Gekisai (Gekisai Dai) Ichi
Gekisai (Gekisai Dai) Ni
Heian Godan
Heian Nidan
Heian Sandan
Heian Shodan
Heian Yondan
Kihon kata
Pinan Godan
Pinan Nidan
Pinan Sandan
Pinan Shodan
Pinan Yondan
Taikyoku
Ten no Kata

*** NOTES ***

Names of some kata are duplicated due to the variations customary in spelling in Romanization.

In several instances a kata may be known under a different name from style (Ryu-ha) to style

In some instances an identical name may, in fact, be a different kata from style to style.

Intermediate Kata List

intermediate Rata List
All Beginner/Novice Kata
Ananko
Aoyagi
Bassai
Bassai Dai
Bassai Sho
Chinte
Garyu
Ishimine Bassai
Itosu Rohai Nidan
Itosu Rohai Sandan
Itosu Rohai Shodan
Jiin
Jion
Jitte
Juroku
Kanku Dai
Kousoukun Dai
Kushanku
Matsukaze
Matsumura Rohai
Meikyo
Myojo
Naifanchin Nidan
Naifanchin Sandan
Naifanchin Shodan
Naihanchi
Nijushiho
Niseishi
Pachu
Passai ¹
Rohai
Saifa
Sanchin
Sanseiru
Sanseru
Seichin Seienchin (Seiyunchin)
Seipai
Seiryu
Shinpa
Shinsei
Shisochin
Tekki Nidan
Tekki Sandan
Tekki Shodan
Tensho
Wankan

¹ Tomari Passai is an advanced kata

Competition Categories, Equipment & Rules

Age Divisions:

- 5 and under, 6/7, 8/9, 10/11, 12/13, 14/15, 16/17, 18 & over, 35 & over
- Divisions are separated by gender
- Divisions may be combined or subdivided based on the number of competitors, height and/or weight, at the discretion of the Tournament Director

Categories:

- FIRST TIME: 1-3 Months of Total Training No
- BEGINNER: (10, 9, 8, Kyu) 0-1 year of training
- NOVICE: (7, 6, 5 Kyu) 1-2 years of training
- INTERMEDIATE: (4, 3, 2 Kyu) 2-3 years of training
- ADVANCED: (1st Kyu-Black Belt) 4 years of training & over
- Para Karate Divisions; Separate Divisions for Male/Female:
- Kata Male/Female ages 7-10
- Kata Male/Female ages 11-13
- Kata Male/Female ages 14-17
- Kata Male/Female ages 18-34

Mandatory Equipment:

- Karate-Gl/white, red/blue belt, red/blue foam fist guards, mouth guard, groin guard (male)
- Shin guards, foot pads in categories 8 years and Older.
- a). Not required for Beginner and Novice categories ages 7 years and under.
- Harness and chest protector (female) are recommended

Kumite Competition Rules (Modified):

- USANKF/WKF Rules; full text of competition rules can be found at: usankf.org, wkf.net
- All techniques, especially face, head and neck techniques must be completely controlled.
- Hand contact to the face, neck or head will be penalized in divisions under 17 years of age.
- "Light skin touch"

Hotel Venue:

MIAMI LAKES HOTEL On Main

Main Street Shopping Center 6842 Main St, Miami Lakes, FL 33014

Alternative Options:

Sonesta Select Miami Lakes

15700 NW 77th Ct, Miami Lakes, FL 33016 (305) 556-6665

La Quinta Inn & Suites by Wyndham Miami Lakes 7925 NW 154th St, Miami Lakes, FL 33016