## **IMA Virtual DojoBlue Stripe Checklist**

Fill out this page (hard copy or make a digital copy and then print) and bring to our next face-to-face training to get your blue stripes!

### Zoom IMA Virtual Dojo Class Attendance

*Every 5 virtual class attended in the* [*Zoom IMA Virtual Dojo*](https://zoom.us/j/8044321773) *(*[*https://zoom.us/j/8044321773*](https://zoom.us/j/8044321773)*) means a red stripe! Earn 10 red stripes and get a karate prize!*

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| **Dates** | **One Thing Learned** | **Parent Signature** |
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### At-Home Kata Performances

*Every 10 at-home kata performances with an audience means a blue stripe! Earn 10 blue stripes and get a karate prize!*

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| **Dates (10 per line)**  | **Kata performed** | **Parent Signature** |
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### Above-and-Beyond Respect, Kindness, or Helpfulness

*We expect all of our karate students always to be respectful, kind, and helpful. Right now, we encourage even more of that than usual. If you have been, please have your parent describe how you went above-and-beyond with being respectful, kind, and or helpful to earn another blue stripe! Include date.*

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