



IMA JOURNAL

Worldwide News

May 2014

Honbu Dojo: 1340 Main Street, Louisville Colorado 80027 Tel: 303-665-0339 www.imakarate.com

A Note from Mr. M

I would like to congratulate all the competitors who competed in the Rocky Mountain Championship (IMA World Championship) on May 4, 2014, from Alabama, Alaska, Arizona, Northern California, Southern California, Colorado, Florida, Illinois, Kansas, Massachusetts, Missouri, Montana, Nevada, New York, Ohio, Pennsylvania, Rhode Island, South Carolina, Texas, Utah, and Wisconsin, and from other countries, El Salvador and Venezuela.



I am honored and proud to congratulate Mr. Patrick Richoux for being awarded 7th dan, the first in our IMA history, as well as the title of "Kyoshi". Kyoshi Richoux has over 45 years of martial arts experience and has been with IMA close to 20 years. His dojo is located in Houston, Texas.

Also, a special thank you to our national and international referees, and our staff who came together to make this championship the greatest ever.

I am very proud and thankful to our IMA organization members and our colleagues from other organizations. Your support and friendship mean a lot to us.

Our next exciting and memorable event is going to be our 20th Annual Gasshuku (camp) on October 3-5 in beautiful Granby, Colorado.

Please mark your calendar and let us know if you have any questions or concerns. Information will be available on our website at www.imakarate.com. Looking forward to seeing you all there.

"Past is history, future is mystery, present is gift"

CM

20th Annual
Rocky Mountain Gasshuku
October 3-5, 2014
Silver Creek Inn, Granby, Colorado
USA

Save the Dates!



Camp Theme
"Be Faithful"

www.imakarate.com

Training & Competition
All in One Great Weekend
Open To All Traditional Karate-Ka

Calendar of Events

- **Kyu Testing**
May 17, Honbu Dojo
Louisville, CO
- **Dan Testing and Summer Potluck Picnic**
June 28, Louisville, CO
- **20th Annual Rocky Mountain Gasshuku**
October 3-5, Granby, CO



IMA wishes a beautiful, blessed and special Mother's Day to all of our moms. We love, appreciate and thank you for all that you do.



Register for Summer Camp!



June 2 to 5 July 21 to 24 August 4 to 7



IMA Summer Day Camp

Monday through Thursday, 9AM to 3PM
Ages 6 through 11 years
Maximum of 10 kids per camp

Lots of karate fun!
Activities include self defense, games, Japanese crafts and stories,
karate videos, field trips to the park and pool!

Pick up a registration form and join us!

School is almost out! Do you have your kids registered for our IMA Summer Day Camp? We still have room in all three camps. Pick up a registration form at the dojo today!

Quote of the Month

Friendship improves happiness, and abates misery, by doubling our joys, and dividing our grief.

Marcus Tullius Cicero

Student of the Month Alex Quiachon

Congratulations to Alex Quiachon for being selected as student of the month. Alex is a dedicated member of the competition team, is always extremely respectful to instructors, and consistently works hard and gives his best effort. He also regularly helps with Tiny Tigers and Little Dragons classes.

Alex broke his wrist after a bad fall at the Rocky Mountain Championship. True to his nature, it didn't stop him from continuing his training. He came to the dojo two days later after getting his cast put on the same morning.

Alex does not give up or let anything get in the way of his karate goals. Congratulations, Alex! You are an inspiration to us all!



**Student of the Month
Alex Quiachon**

19th Annual Rocky Mountain Championship

A heartfelt thank you goes out to all of the competitors, referees, volunteers and families who made our 19th Annual Rocky Mountain Championship a great success. We had over 300 competitors from the United States, (including Alabama, Alaska, Arizona, Northern California, Southern California, Colorado, Florida, Illinois, Kansas, Massachusetts, Missouri, Montana, Nevada, New York, Ohio, Pennsylvania, Rhode Island, South Carolina, Texas, Utah, and Wisconsin) as well as some international competitors from El Salvador and Venezuela. Over 50 nationally and internationally ranked, high level referees and more than 30 hard working, faithful volunteers made sure the tournament ran smoothly for a gym packed full of excited, supportive families. Our event could not happen without every single one of you, and we sincerely and humbly thank you for your presence. Looking forward to seeing you all again next year!



Congratulations to all!



A Note from Sensei Amadou Niang

IMA Budokan

This year's Rocky Mountain Championship showcased a special recognition and mark of honor with Shihan Patrick Richoux's promotion to 7th Dan. Mr. Richoux's new rank came with the title of "Kyoshi". Hanshi Madani, the founder and Chief Instructor of I.M.A. made the announcement at the 19th Annual Rocky Mountain Championship in Louisville, Colorado. Newly appointed Kyoshi Patrick Richoux received his certificate from Hanshi's hands. His rank and new title are well deserved given his decades of training in Shotokan karate-do and his commitment to the ideals and growth of the I.M.A. around the world. Congratulations, Kyoshi Patrick Richoux.



Hanshi Madani and newly appointed, Kyoshi Patrick Richoux holding his certificate for 7th dan. Kyoshi Richoux is the first to be awarded 7th dan in the history of IMA.



Question of the Month

What are the dates for the 20th Annual Rocky Mountain Gasshuku?

What has been your favorite part of the newsletter? Do you want more news on a particular subject? Want to submit an article or picture? The newsletter staff would appreciate you sending your constructive feedback and/or newsletter contributions to tnakasato@imakarate.com. Thank you!

IMA Honbu Dojo Competition Team News



The team at the flapjack fundraiser at Applebee's

Thank you, from the IMA Competition Team

Earlier last month, the IMA Competition Team launched its annual fundraising campaign with a flapjack fundraiser at Applebee's in Broomfield. Throughout the year the team competes in several out of state tournaments. This is necessary in order for the team to remain competitive with their peers throughout the country. Travel, hotel, meals, entry fees and other related expenses add up quickly, and proceeds from team fundraisers help defray some of these costs.

The team worked for several weeks ahead of the fundraiser to sell tickets to the event. And indeed, IMA's generous members stepped up with their support. Many students, family and friends bought tickets and/or made donations. Approximately 175 tickets were sold ahead of the breakfast!

On the day itself, it was a blustery but sunny morning when Applebee's/IMA opened for business. About 75 people joined the team for pancakes and sausage. Some team members served customers and bussed tables, while others stood outside with signs to encourage drop-in customers. Everyone had fun! And, thanks to everyone's hard work and support, the event raised an amazing \$2,000! Thank you, thank you, thank you!

Becky Albright

Events Coordinator

Congratulations to the team at the Junior International Cup and US Open in Las Vegas!

Here are the results of the JIC and US Open:

JIC

Kyle Gordon: 3rd in kumite
Alex Quiachon: 3rd in kumite
Kamran Madani: 1st in kumite
Kelara Madani: 1st in kumite
Ari McCarty: 3rd in kata; 3rd in kumite
Kate Nakasato: 3rd in kumite
Brandon Sheridan: 3rd in kata; 1st in kumite
Zachary Smith: 3rd in kumite

US Open

Ewan Albright: 2nd in team kumite
Kyle Gordon: 3rd in kumite
Kate Nakasato: 3rd in kata
Brandon Sheridan: 3rd in kata



The team in Vegas for the Junior International Cup and US Open

With Sympathy

The IMA family lost a beautiful and precious soul, just a couple of days before the Rocky Mountain Championship. Our thoughts and hearts go out to the family and friends of Seleny Crosby, a student of Sensei Amadou Niang of IMA Budokan. Our deepest condolences to everyone who knew her.

A Note from Sensei Amadou Niang

Following the tragic passing of Seleny Crosby, one of the IMA Budokan athletes who was registered for the 2014 Rocky Mountain Championship, our team had a pretty low morale going to Colorado on Saturday, May 3rd. However, the recognition given to Seleny and the Crosby family through the minute of silence observed at the tournament opening ceremony must have made a huge difference for the eleven IMA Budokan team members who competed. They came home with 6 first, 4 second, and 7 third place trophies, or a total of 17 trophies.

In a spontaneous and touching show of love, 10-year-old boy Malichi Barela, gave his 3rd place trophy to the Crosby family during the viewing of their daughter's body on Tuesday. Malichi later explained that he believed Seleny would have won that trophy or a better one if she had been at the Rocky Mountain Championship as planned. Through his gesture, Malichi reminds all of us what the true meaning of Budo spirit is.

Thank you Malichi, and thank you Hanshi and Sensei Madani for the minute of silence and a great tournament.

Amadou Niang



Connected?

Want to stay updated? Would you like to receive IMA Honbu dojo emails with the most recent news? Go to www.imakarate.com and sign up with your email address at the bottom of the home page.

Hanshi Cyrus Madani's Seminars



If you are interested in having Hanshi Madani come to your location to give a seminar, send an email to tnakasato@imakarate.com.

Some of his seminar topics include but are not limited to:

- The differences between traditional and sport karate, and the advantages of each
- How to generate inner power and strength in karate techniques
- How to develop speed and agility in kata & kumite at any age
- How to develop appropriate training programs for competitors of all ages and abilities
- Ring management and refereeing techniques
- How to maximize your potential using energetic movement and an understanding of biomechanics
- The psychology of competitive strategy
- Breath control and how it relates to speed and dynamic movement
- The technical details and applications of specific katas
- How to develop explosive movement and techniques

Private Lessons with Senpai Kamran Madani

Would you or your child appreciate some one-on-one time with a world level competitor? Would you like some guidance on refining your technique? Increasing your speed? Building your confidence?

Then sign up for private lessons with Senpai Madani!

Email tnakasato@imakarate.com for more information.



Learn from a world level competitor. Senpai Kamran Madani is available for private lessons.

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