



# IMA JOURNAL

IMA News Worldwide

Honbu Dojo: 1340 Main Street, Louisville Colorado 80027 Tel: 303-665-0339 [www.imakarate.com](http://www.imakarate.com)

October 2013

## A Note from Hanshi

The 19th Annual Gasshuku was a lot of fun with excellent instruction. We had over one hundred participants from all over the United States. Thank you to all the instructors and students who participated. We learned a lot.

I would also like to thank everyone from the bottom of my heart for sharing in my early 60th birthday celebration at the banquet dinner last Saturday. I was very emotional from the touching speeches given by my family, students and friends.

Thank you to Sensei Marius and Sensei Amadou for inviting me to Utah to give my annual seminar. The seminar was full, and everyone improved in their technical skills from last year. (Picture on pg. 3)

I am looking forward to Sensei McGavin's tournament (IMA North Fork Karate) on October 12th in Grand Junction, Colorado, and Sensei Marius's tournament (IMA Utah) on November 9th in Cottonwood Heights, UT.

Finally, I would like to ask that everyone wish Kamran Madani and Maya Wasowicz good luck at the World Championships in Spain on November 8th.

In Good Spirits,  
Hanshi

## Reaching Out

Our hearts go out to all of the karate members who were affected by the recent challenges brought about by the floods in Colorado. If you need assistance getting to class in the next couple of months, let us know and we will try to find a way to help you.

## North Fork Tournament

Have you turned in your registration? The North Fork Karate Tournament is just around the corner! Here is a letter from McGavin Sensei.

*Welcome All Karateka,*

*Our sixth annual, traditional karate tournament will be held in beautiful Grand Junction, CO on October 12, 2013. The tournament will be held at the Two Rivers Convention Center, 159 Main St., Grand Junction CO. See also <http://tworiversconvention.com>.*

*Two Rivers offers a high class competition venue. Also the travel is easy, less than 4 hours on I-70 from either Denver or Salt Lake City. There are many flights available into Walker Field in Grand Junction, CO.*

*On Friday evening, the 11th of October, there will be a referee seminar from 6 PM to 9 PM at Two Rivers Event Center. Certification up to Referee C is possible. Coaches, competitors and*

## Calendar of Events

- Honbu Dojo Kyu testing Oct. 5, Louisville, CO
- IMA North Fork Championship Oct. 12, Grand Junction, CO
- IMA Utah Championship Nov. 9, Cottonwood Heights, UT
- IMA Unity Tournament Dec. 14, Louisville, CO
- IMA New York Championship Mar. 2, 2014, Flushing, NY
- 2014 Rocky Mountain Championship May 3 & 4, 2014, Louisville, CO
- 2014 Rocky Mountain Gasshuku Sept. 26–28, 2014, CO

*parents are encouraged to attend.*

*We have arranged for accommodations next door to the venue at Hampton Inn or Fairfield Suites.*

*Consider coming a day early to enjoy the amenities including wineries (18 in the Grand Valley), mountain biking, hiking and, of course, very nice golf courses. Go to <http://visitgrandjunction.com>.*

*We will be using modified WKF Rules plus nationally and internationally rated referees and judges. The opening ceremony will be held at 9:30 AM, to give some local participants a chance to travel Saturday AM. Visit our website <http://northforkkarate.com> for info and sign up.*

*We look forward to seeing you for another high quality, IMA event.*

*Sincerely,*  
*Sensei Rick McGavin*



Head Instructors at Camp



## 19th Annual IMA Rocky Mountain Gasshuku

September 27-29, 2013

### Camp Reflection

"I was so excited to go to my first camp that I forgot to bring both of my gloves. I was so relieved when one of the camp participants let me use an extra one. Not only did I make a new friend, I didn't have to learn to spar one-handed!"

### Quote of the Month

"We'll be Friends Forever, won't we Pooh?" asked Piglet.  
"Even longer," Pooh answered.  
A.A.Milne,  
Winnie-the-Pooh

## 2013 Gasshuku

IMA would like to extend a sincere thank you to all the students, parents and Senseis from all over the United States who attended the 2013 Rocky Mountain Gasshuku. Special thanks go to USA Karate National Team coaches Dustin Baldis, Tommy Hood and Akira Fukuda, honored guests Jake Lease and Brody Burns, as well as internationally decorated athlete Tom Scott and our very own Hanshi Madani, Sensei Madani, and Shihan Patrick Richoux for making this the best camp ever!

### 2013 Gasshuku Testimonial

Hanshi,

Thanks again for another wonderful camp. The instructors were great and everyone had a wonderful time at the dinner. We are so blessed to have you and Sensei Madani. Thank you for all the hard work both of you put into this event for our benefit. I look forward to next year.

Michelle Prud'Homme



Out-of-Town Instructors' Training

## Hanshi's Travels

On September 13th, Hanshi traveled to Utah to give a seminar. Everyone trained hard, firmed up their techniques and had a great time. Contact Hanshi to schedule a seminar at your location.



## Sensei's Travels

Sensei traveled to Florida from September 13-15 to teach referee seminars and oversee the Legends Tournament.

She also went to Germany from September 19-23 to officiate at the WKF Karate1 Premier League Tournament.

## Question of the Month

What does Gasshuku mean?  
Red stripes will be given to students who can answer the question correctly.  
Ask your instructor if you don't know.

## Picture Taking

The Honbu Dojo annual picture taking will be held on October 24th at the Honbu Dojo.



Hanshi's Seminar in Utah

### North Fork Seminar Testimonial

Hello Hanshi, I just wanted to say a big thanks for your training and visiting us here in Paonia. It is always a great honor to have you here for everyone and thanks so much for Mr. Meyer taking his time to spend with us. I hope you also had a great time here. I look forward to learning more in the future, we are very lucky to have Sensei McGavin and the IMA organization. I hope to see you soon.

Collin Scherba

### North Fork Seminar Testimonial

Dear Hanshi,  
Thank you for coming to Paonia!  
As always, I enjoyed the training.  
I appreciate you taking the time to come to our dojo to teach us.  
I look forward to seeing you in September at camp.

Thank you, Hanshi.  
Yours, Patty.

## Happy Halloween!

The Honbu Dojo will be closed on October 31st for Halloween.

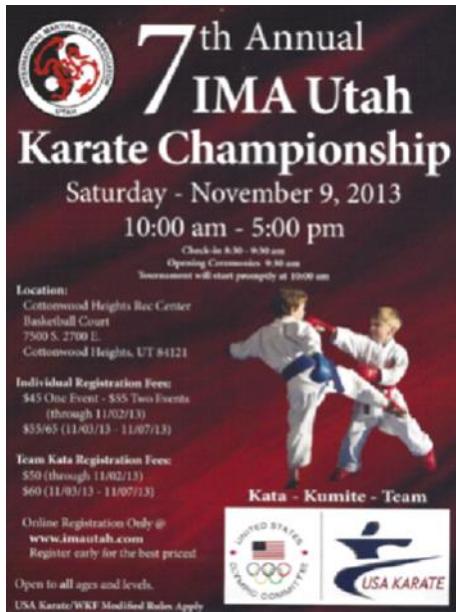


Come to class on Wednesday, October 30th, dressed in your Halloween costume!



Honbu Dojo's USA Jr. Team Kids:  
Kelara, Alex, Lily, & Kamran

## Upcoming Tournaments



**Submit your news and pictures**

Send to [tnakasato@imakarate.com](mailto:tnakasato@imakarate.com) for inclusion in the next newsletter

## IMA Satellite Dojo



Louisville, CO Rec Center Students  
Taught by Meyer Sensei, Assisted by Nakasato Senpai, Dasha Senpai, and Ben Gygi



**Good Luck!**

Wishing Kamran Madani and Maya Wasowicz good luck at the World Championships in Spain in November.

## Get Instant Email Updates!

Would you like to know when our IMA karate website is updated? Please visit our website at <http://www.imakarate.com> and enter your email address on the bottom of our home page to receive instant email notifications on the latest news and important dates.

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